

plan plant planet - growing people, cultivating minds and nurturing spirit

By Daniel Schreiber

What now?...cultivating systems of perpetual renewal.

'observing the nature of love blossoms into the love of nature : Nature is love manifest.'

When I wake up in the morning and look in the mirror and my hair is messy, I do not attempt to comb the hair of my reflection in the mirror as that would be unfruitful, yet each day we try to adjust the reflection, combing the mirror-like nature of Existence and expecting change!!

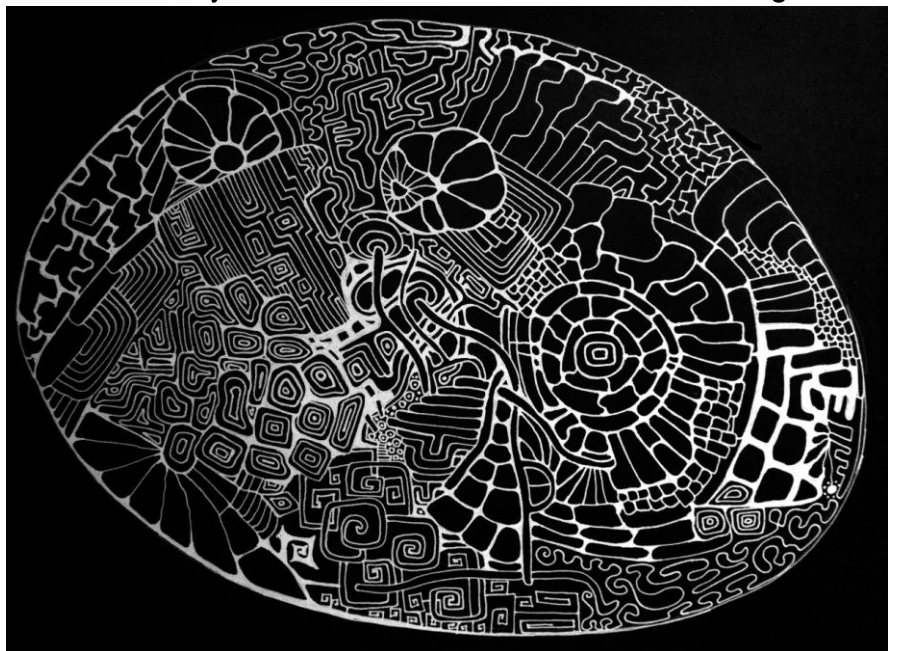


So the revolution has begun and will accelerate to what end no-one knows and from the ashes.... what will sprout?

Do we have a say in what grows? More weeds, or do we get to become cultural gardeners and if so, what is our role in cultivating a Garden that will nourish a never ending process of beauty unfolding and our spiritual awakening to who we truly are and why we are here?

'a house begins to deteriorate and requires a constant energetic input to clean and maintain from the moment after its completion, for a garden scaped by humans being, it is just the beginning and a never ending stream of growth and diversity ensues providing food, shelter and vitality for a myriad beings microscopic to large, furry, feathered, scaly friends all!'

Cultivating systems of perpetual renewal is a process of bio-mimicry: this is what nature essentially is, a system where the end of one cycle is food to the next in ever increasing levels of energy! If we can build social, political, economic and garden systems that are not only perpetually renewing but constantly evolving to higher vibrational states of being, we will step into the role of true custodians of this realm and beyond. Our bodies are a microcosm of this implied macrocosm so we all have the perfect laboratory within our grasp: the world of healing is the wisdom of this balance. A major role of the entheogens is to awaken us to this role.



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How do we know when we are in balance and how do we recognize systems that are in balance? They look beautiful, feel orgasmic and tickle the sensual pleasure centers while at the same time do not drain the systems they are relating to but regenerate them... they move toward increased diversity, fertility, resilience and beauty.... this is what we call love. Cultivating the 'right' attitude and belief system, which is a personal challenge, is crucial when developing a harmonic relationship with ourselves, our community and with our environment. The movement from hunter-gatherer to industrialist illustrates this dilemma.

The movement from hunter-gatherer to agriculturalists to pastoralists to industrialist is a slippery slope toward reduced sensitivity and reduced self responsibility. In order to be a



hunter-gatherer one needs to have honed senses in order to survive and thrive. Attunement to nature is a prerequisite along with a highly evolved gut feel, intuition and heart/mind without which one would fail at plant identification, weather signals, animal habits and what is efficacious in healing the imbalances of the body and mind.

As soon as the concept of storage of bio-solar energy arises, this leads to accumulation of wealth in the form of food and shelter and the ability to relax over the issue of starvation and extreme elemental exposure. The growing of food along with long term storage through drying, fermenting and

concentration in animals leads to stability of food supply along with the introduction of pests and disease - both signals of imbalance. The door is now open for the first plant and plant/animal/human related disease as the push was on to produce more and more and introduce increased imbalance.

These practices can also lead to reduced sensitivity to nature's signals especially for the tribal members now liberated to do other things like make tools, shelter and develop an untold number of traditional technologies.

As energy is further concentrated in domestic animal as protein and beasts of burden for agriculture, the pastoralists arise and we see more and more food being able to be produced by less people thus further liberating more to do other things like art, craft and the development of spiritual pursuits accompanied by temple building, cloth fabrication and buildings for food storage, living and earth worship. The unbalanced expansion of pastoralism along with close living proximity to these animals [accompanied by seeing them as just food] introduced memes of belief that were out of harmony with natural cycles and hence the birth of disease across human animal barriers.

We begin to see a pattern developing here with pockets of wealth developing and as this is unevenly distributed, this leads to factional conflict between those that accumulate and those that did not for as the climate shifts and flood or drought occurs effecting the abundance of game or plant produce, the *have-nots* may attack the *have's* out of survival desperation... This in turn leads to energy being spent on fortification and the development of weaponry for protection or for coveting your neighbors store of goods. So the uneven

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distribution of wealth in the environment leads to war which is most often a greater loss than the energy that could have been spent collaboratively to produce food, shelter and items of value. The concentration in amount as well as the homogeneity of the produce encourages parasites, pests and disease.

When in times and places of plenty, due to natural abundance or cultivated resource, led to surplus, the abundance enabled the work-liberated to dream new worlds and in certain harmonic functioning systems this is what occurred. The temple complexes of Ankor in Cambodia and the Pyramids of the Maya could not have been built without the focussed and concentrated effort of a giant community being orchestrated by a unified vision. The abundance of food, shelter and wellbeing leads to a community that is collaborative and not competitive allowing all excess energy to flow into building and not destroying. In Ankor Cambodia, the backing up of the Mekong into a giant lake filled with fish along with the abundant cultivation of lotus was enough fuel to drive the construction of the largest known temple complex in modern civilization.



Meanwhile in Meso America the Amazon jungle provided a rich biodiversity of plants and animals along with the Indians ingenuity and development of giant gardens grown on terra preta soils supplying food and fuel for millions. Some of the largest peaceful communities existed in the jungle where all the excess energy went into building a complex system of raised roadways connecting giant pyramid dotted cities without any fortification!



With this excess energy culture is born, art and craft flourish, adornment and display to the unlimited abundance offered by the deities of the natural world, temples on all levels of sound, stone and being. Along the current of song and dance we celebrate the effulgent bloom of human and natural existence in harmonics that nourish the role of custodians that being human bestows. Golden ages are fashioned of these relationships.

When the first Europeans arrived from a dark age of forts, war, disease and famine, they brought with them tiny silent killers that spread faster than even they could travel. By the time the Spanish had traversed the Americas from east to west

more than 80% of the populace had already succumbed to European microbial disease. [much of it cultivated in Europe from disharmonic animal husbandry]

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By the time industrialization kicks in we have vaster economies of scale and scope allowing just a few to produce enough food, shelter, medicine and all forms of technology to liberate vast amounts of energy. Massive opulence ensues for a few as the capitalist engine revs and in the greedy pursuit of power, wealth and fame the world experiences this as a parasitic infestation as ecologies, economies and communities succumb to the onslaught and are laid waste.

The industrialization that the west experiences is perverted by the ideology of 'limit' that is born from 'his' disconnect with nature's abundance. The competition for the limited resources leads to poverty consciousness and greed from the fear of not having. The participants war over resource domination and as they are 'other validated' and driven by the constant drive to replenish from the source without and not within they live in a world of glamour where all relationships are of need or commercial. In order for these nations of hungry beings to experience a 'golden age' they are reliant on the empire building forces to reach out and steal and rape the 'new world' in order to feed the ever swelling but never satisfied appetite of the empires of Europe. The vast resources flowing into Europe filling the British, Spanish, Portuguese, Dutch, French and German coffers with riches of Africa, Americas, Asia and Australasia is just the beginning. This frantic empire building has reached an auroboric point where all that is left to consume is itself and the collapse of this growth that is, and always was, out of harmony with Existence, is now immanent.

Building bamboo bridges across time....

The qualities of bamboo, strength through flexibility, adaptation and a centre of 'emptiness' ensured its metaphoric rise to 'sacred' in the oriental cultures of the far east. This poor man's timber is now a green champion of the movement back toward reconnection with the



natural world...let's build a bridge!!

The combining of ancient wisdom and present technology with the clear vision of a resilient future based on natural principles enables us to fully embrace our custodian roles. A crucial way to tune to this vibrational energetic existence is to become self aware and self responsible in order to register and re-sensitize so one can become empathic with the flow of nature. The entheogenic plants play an important role in reconnecting cultures that have been severed from source and Existence; once people connect with themselves it naturally unfurls into connection with community and country.

An aim of Existence seems to be to nurture and encourage sensitivity and self responsibility which is why our western cultural dynamic is on a path of destruction as it promotes less self responsibility [external governance, insurance, monocultural food production etc] and numbs us to the signals of existence which nature plays out.

The whole universe bends attentively above a blooming lotus.....

Resonance and harmonic response by living beings to light is our true nature. Plants are specifically adapted to this energy exchange and it is an exchange...the flower is returning the involved or enchanted sunlight energy in the form of shape, colour and fragrance... an offering to the light. Our experience of the floral beauty through our eyes and nostrils

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enables our body system to absorb this radiant emanation and reciprocate, for our perception of beauty is not just passive, its active form will leave our eyes and will hence be in a bioavailable form for the plant to use in its own nourishment. There is no loss of energy from either being as it is issuing from a centre of infinite energy and moves superconductively [infinitely fast across space/time]. This transmission of energy enables both beings to rise in frequency and energy. This is what we call love. It is best learned by direct transmission from communion with the natural world and its inhabitants. The organ in the body that is the center of all this bio-energy communication is the heart.

The true commonwealth that we all share is the ever present connection to source.

'All appearance is sheer art, beautiful beyond all enduring, appealing beyond all possibility of possession. It cannot be possessed but is entirely accessible. The treasure which our being preserves for us is like an ever-present nectar; it is like an inexhaustible kingdom which is always open to us' *Tarthag Tulku*

'There are but two things in existence...self and other. Upon close inspection it is impossible to determine the boundary between them and a truth is that there is no separation.' *Soma Sofer*

There are only two types of relationship self can have with other; relationships of need or not-need.

Relationships of need devolve into habitual behavior, dependence, addiction and drain the life force leading to stagnation, decay, disease and finally death, these relationships can be classed as poison. Beings in these relationships compete for a limited source of energy and are other validated. The Buddha's statement that 'all suffering occurs from desire' addresses this relationship as grasping and avarice are wanting more of something we like and less of something we don't like. In both cases leading from expectation to disappointment as our 'needs' are never satisfied.

Relationships of not-need are the relationships that existence nurtures, inspires and encourages with its myriad of hints, clues and nudges, as they enable all beings in the relationship to rise in vibrational energy without loss of signal strength or quality of the other. They are cultivated and characterized by the practice of non emotional attachment to the outcome. Relationships of not-need heal, enlighten and harmonize all beings enabling self and other to rise in frequency and the vitality of both rise in harmony with each other and the whole of existence. The nature of these relationships we call love. The quality of life force we feel when relating like this is described as bliss, orgasm and ecstasy and leads to wellness, beauty, awakening and self validation.

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I am passionate about the beauty of the natural world and structure my work around nurturing the possibilities of harmonic systems that enable individuals, communities and nature to all benefit and flourish. I strive to design and create life affirming systems that have the strength and flexibility of bamboo married with the beauty of a sacred lotus and are designed to mimic nature, supplying abundance, biodiversity and balance while nurturing co-creative, healing and loving relationships and people. By following this practice I hope to inspire humility, appreciation, gratitude and love.

Food security and self medication through herbs is really an issue of knowing what you can eat that may be growing all around you. Weeds and exotic delights become everyday nutritional food bounty, wellness tools and visionary technology. The health, consciousness and hunger liberation that the wisdom of plant growth and preparation offers not only feeds the body, mind and

soul but grows people and cultures along the way.